## Coliving Stay for Digital Nomads Useful Info

The Community House usage is included in the price of the package so while you are staying at one of our apartments, you can have your office in the Community Room, and use the common kitchen, laundry, projector screen, and terrace area. Located a few steps away from your apartment, the Community House is also a place of various events organised upon request by the hosts to improve your stay in Montenegro (yoga classes, mindfulness and nutrition workshops, live gigs, business courses, tea and wine tasting etc).

### **Travel & Transportation**

FitCamp Montenegro is located in the city of Niksic, in the quiet countryside 20 min ride from the city centre. Niksic is one of the best-connected cities in Montenegro and you can get here by bus, car or train, while both Montenegrin airports are a 1-hour drive away. Dubrovnik airport is a 1 hour 30 min drive away.

Fun fact - Niksic has a functional airport, but it is not in commercial use at the moment.

Public transportation is available in cities as well as intercity. For more information and ticket bookings, check this <u>link</u>.

When it comes to attractive locations that you can reach in your free time, here are some distances and recommended locations:

- National park Durmitor >> 1-hour ride
- Kotor and Perast >> 1-hour ride
- Podgorica >> 50 min ride
- National Park Skadar Lake >> 1-hour ride
- Nature parks Blace & Trebjesa >> 15-20 min ride
- Krupac or Slano Lakes >> 15-min ride.

Experienced cyclists can bike to these locations, as the marked cycling trails are available.

#### **Groceries & Toiletries**

Groceries and toiletries are extremely well stuffed in Montenegro, and you can find almost anything. We take you grocery shopping once a week, transportation included.





At your apartment, drinking water, our traditional coffee and tea are provided at all times, as well as in the Community House.

Our garden and its products are at your disposal (fruits and veggies), while for the rest of the food we can recommend local markets and supermarkets and you can prepare your meals at the Community Kitchen.

If you prefer ordering or eating out, only a 10-minute drive away, there are a few national food restaurants with affordable menus. In the city of Niksic, there are quite a few cafes and a couple of good restaurants, where you can treat yourself affordably!

# Health Insurance & Medical Care

It is highly recommendable that you have active travel health insurance that you can upgrade in Montenegro at any of the insurance houses, if needed. Additionally, a must-pay is the resident tax and insurance during your stay with us, which is 0.80 € per day.

Medical care for travellers and foreigners is available at every private hospital in Montenegro (the city of Niksic has several private hospitals, offering most of the medical services you might need). You can get vaccinated in Montenegro, if needed, too.

## WiFi Internet & Mobile Data

At FitCamp Montenegro estate, Wi-Fi is available to you and included in the monthly rate. It's a 4G signal and it works quite well for the rural area. Montenegro doesn't have functional public Wi-Fi. These are available in some cities, but not something you can rely upon. On the other hand, most cafes, restaurants, and hotels have stable Wi-Fi.

Mobile signal is quite good and SIM cards with travellers' packages are affordable. Note that Montenegro is not yet in the roaming network of the EU, so for the calls out of the Balkans region, we recommend using WhatsApp or similar apps.

# Shopping

Shopping in Montenegro is quite a thing! In Niksic, there are a few shopping malls and many small boutiques, craft shops, beauty salons, drugstores, and so much more, in case you'd like to treat yourself.

At FitCamp Montenegro, you can find a second-hand clothes shop, which we organised to reduce waste and to stop the fast fashion movement as much as we can. Additionally, we sell unique souvenirs made in the local community, so you might wish to treat your close people with something different yet outstanding.

#### Entertainment

Our estate is a very quiet and isolated spot, perfect for concentration, meditation, and peace. But, if you are a sort of personality willing to have an active nightlife too, Niksic is an extremely good place for it. It is the city with the best nightlife in Montenegro. Known for pubs and great beer (produced in several local breweries), you will also be surprised by the friendliness of the locals, and you will for sure have a chance to make new friends. We are here to share with you or recommend you the best places in the city.

If you like spending time in nature, there are many hiking/cycling/walking paths and we will be happy to recommend you the best one by your preferences.

At your request, we can organise yoga classes, mindfulness workshops, fitness classes, nutrition workshops, hiking, canyoning, rafting, cycling and other activities and events (including private celebrations, small weddings, live gigs, wine tasting and exhibitions).

If you have any other questions, contact our team, and we will gladly respond!

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